

HOME ECONOMICS HEO3002Y1

INTERNAL ASSESSMENT ACTIVITY

ACHIEVEMENT STANDARD 91466 (VERSION 2) HOME ECONOMICS 3.1

Investigate a nutritional issue affecting the well-being of New Zealand society

Level 3, Internal assessment

5 credits

STUDENT INSTRUCTIONS

Overview:

In this activity you will be investigating:

- The issue of overconsumption of sugary drinks and how it is affecting the wellbeing of New Zealand society.

Conditions:

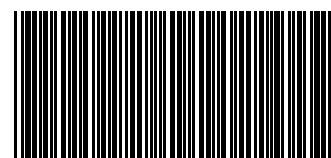
- You will work individually under open book conditions.
- There is no time limit for this activity – but you should expect it to take about six hours.
- Plagiarism detection software may be used to check this is your own work.

You will need:

- modules HEO3001 and HEO3002
- Resource A HEO3002A
- your personal research findings.

Supervisor requirements

- Supervision is not required for this assessment.
- Upload your assessment to the HEO3002Y1 assessment dropbox when you have completed it.



ASSESSMENT CRITERIA

ACHIEVEMENT STANDARD 91466 (VERSION 2) HOME ECONOMICS 3.1

Investigate a nutritional issue affecting the well-being of New Zealand society.

Achievement	Achievement with Merit	Achievement with Excellence
Investigate a nutritional issue affecting the well-being of New Zealand society.	Investigate, in depth, a nutritional issue affecting the well-being of New Zealand society.	Perceptively investigate a nutritional issue affecting the well-being of New Zealand society.

Explanatory Notes

1. This achievement standard is derived from the Health and Physical Education learning area in The New Zealand Curriculum, Learning Media, Ministry of Education, 2007; level 8 Achievement Objectives (relevant to the context used), and is related to the material in the Teaching and Learning Guide for Health and Physical Education, Ministry of Education, 2010 at www.seniorsecondary.tki.org.nz.
2. *Investigate* involves:
 - defining the nutritional issue
 - selecting sufficient qualitative and quantitative information to enable trends or patterns, and their causes, to be described
 - discussing how the issue affects the well-being of New Zealand society.

Investigate, in depth, involves:

- discussing the interconnections between the issue and contributing factors e.g. determinants, attitudes, values, key stakeholders.

Perceptively investigate involves:

- presenting a reasoned argument that challenges the attitudes and values around the issue
- discussing the implications of the issue for the well-being of New Zealand society including equitable outcomes.

ASSESSMENT RESOURCES

Useful resources for researching this nutritional issue include but are not limited to:

- reports from the Ministry of Health, other government agencies, and non-governmental organisations, such as:
 - NZ Food, NZ Children – the 2002 National Children’s Nutrition Survey by the Ministry of Health (www.health.govt.nz)
 - 2008/09 Adult Nutrition Survey (adults aged 15+ years), published by the Ministry of Health mid 2011 (www.moh.govt.nz)
 - Hunger for Learning: Nutritional barriers to children’s education – the 2011 monograph by Child Poverty Action Group. (www.cpag.org.nz)
- several studies and reports on breakfast foods and drinks to be found at www.consumer.org.nz
- newspapers, magazines, and news websites, such as www.stuff.co.nz, www.nzherald.co.nz or www.odt.co.nz (including the reader comments sections)
- websites of the key stakeholders in the soft drink and energy drink market – these may provide useful material for you to analyse and challenge, such as www.nestle.co.nz, www.sanitarium.co.nz, www.illicitdrinks.com, www.livepositively.co.nz, www.v-energydrink.com

ASSESSMENT ACTIVITY

HOME ECONOMICS

INSTRUCTIONS

- Read the questions carefully.
- Assemble all the materials and tools required.

TASK 1

1. Write a report or presentation in which you comprehensively investigate the overconsumption of sugary drinks in New Zealand. You will discuss how and why this issue has come about and how it affects the wellbeing of New Zealand society.

Provide detailed examples and supportive evidence where possible. Suggested word limit is 3,000 words.

2. Submit your report or presentation to your teacher, and include a bibliography (list of your sources of information).

Start by brainstorming all your ideas.

3. **Produce your report or presentation.** This task is to be done individually.

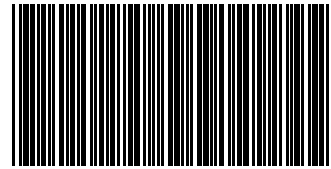
Ensure that you apply a critical perspective as you do the following:

- Define what the issue is and use a range of qualitative and quantitative information to support this.
- Describe trends or patterns in this data.
- Discuss how the issue affects New Zealand society. (You may want to consider, for example, the wellbeing of individuals, families and communities, the effect on New Zealand culture, implications for the healthcare and education sectors and the nation's future economic output and productivity.)
- Identify and discuss how relevant determinants of health, stakeholders, attitudes, and values have caused or contributed to the issue. (See Resource A)
- Discuss the interconnections between the contributing factors, for example, relevant determinants of health, key stakeholders, attitudes and values. (For example, peer pressure, popular culture and media may influence teens, especially boys who drink energy drinks to be macho.)
- Discuss the power and influence of the key stakeholders. (For example, whānau greatly influence what drink is available at home and a low-income families may choose fizzy drinks over milk as they are cheaper.) Challenge the attitudes and values of the key stakeholders.
- Discuss the implications for the wellbeing of New Zealand society, including what needs to change to provide better, more equitable outcomes for people.



Reminder: Upload your completed assessment to the HEO3002Y1 assessment dropbox.

HE03002Y1



STUDENTS – PLACE STUDENT ADDRESS LABEL BELOW OR WRITE IN YOUR DETAILS.

Full Name _____

ID No. _____

Address
(If changed) _____